

Kids Talk



The Roslyn Middle School Counseling Department is forming discussion groups on topics important to middle school age students. Each group will center on one topic and will provide members with a chance to express their feelings and learn how others feel. The groups will provide the students with an opportunity to relate feelings, thoughts, information, and experiences.

Each group will meet once a week during the school day for six to eight weeks. Groups are scheduled during lunch. The groups are open to any interested student and are facilitated by the middle school counselors or social worker. Each group will have six to ten students and will be mixed gender (unless otherwise specified). Group sharing will remain confidential.

A description of each group follows. If you need any other information, please contact your child's counselor. If your child is interested in participating in a group, **please return the attached signed permission slip to the Counseling Center.**

Groups will be formed throughout the year and students will be contacted prior to the start date.

This is a great opportunity for our students to gain support and develop critical social and emotional skills.

GROUP SELECTIONS

MIDDLE SCHOOL 101

Do you want to get the most of your middle school experience? Are you not sure what you need to do to feel successful and involved? Middle School is an exciting time of new experiences. Let's make the most of it! Join us to discuss test taking, organization skills, friendship, goal setting, and getting involved.

JUST FOR GIRLS OR JUST FOR BOYS

Dealing with the pressure of friends, parents and school can be overwhelming. Do you have a hard time communicating with your parents or friends? Join us as we discuss everything that is important to you. (This group is single gender.)

FAMILIES IN CHANGE

Has separation or divorce changed your family structure? Would you like a chance to discuss how your family situation makes you feel? This group will focus on coping with changing family dynamics.

BOOK CLUB

Do you love to read? Would you enjoy reading and discussing how books/stories relate to your world? This group will look at how characters in books relate to one another, solve problems and navigate through uneasy times. Students will have the opportunity to help choose readings.

SCRAPBOOKING/JOURNALING

Do you love being creative? Students will form themed scrapbooking pages that reflect social and emotional issues pertinent to middle school students. This group will encourage the exploration of feelings through art and/or journal writing.

CURRENT CONNECTIONS

Are you interested in current events? Want to get together with your peers to discuss the latest hot topic? How does the media affect your life? Students will discuss contemporary issues, such as the environment, popular culture, school news and how they impact their daily lives.

Student's Name: _____

Grade _____

I am interested in joining the following groups:

1st Choice _____

2nd Choice _____

If you have an idea for a group not currently offered, please share:

Parent/Guardian Signature

X _____

Counselor's Name (circle): Ms. DeMarco
(Grade 6)

Ms. Decker
(Grade 7)

Ms. Kennedy
(Grade 8)

PLEASE RETURN TO:
ROSLYN MIDDLE SCHOOL
COUNSELING CENTER
375 Locust Lane
Roslyn Heights, NY 11577